

# massages in the hotel room or in our wellness area

The experienced massage therapists of „gentle touch of health“ at Hotel Birkenhof are pampering you with a pleasant massage. Treat yourself - or beloved ones - with relaxation and well-being!

On demand they'll be there for you 24/7.

Requests from business guest at short-notice can also be realized. All staff members speak at least 2 languages: *German, English, Spanish and French.*



Massage im Hotelzimmer

*We are looking forward to you booking.*



Einfach nur entspannen...



## Massages

### **Classic full body massage:**

pleasant, supporting blood-circulation and relaxing.

### **Combination Swedish Massage/Shiatsu:**

A mixture of European and Asian Massage-techniques.

### **Classic sports massage:**

To relax the musculature. The full potential of your musculature will be reconditioned faster.

### **Reflex zone massage:**

The reflex zone massage removes blockades and gives well-being for the whole body.

### **Lymphatic Drainage**

### **Couples Massage**

### **Migraine Therapy**

### **Please note:**

It is recommendable to shower before massage.

We will take care of a well-tempered room and towels in our wellness area.

## Prices



Nach einem langen Tag abschalten

period	9.00am - 9.00pm	9.00pm - midnight
45 min.	65,00 €	75,00 €
60 min.	85,00 €	100,00 €
90 min.	120,00 €	140,00 €

later appointments by prior arrangement

Sauna use incl. towels + 5,00 €for Hotelguests

Sauna use incl. towels + 12,50 €for external guests

All prices are inclusive 19% tax.